



Touchy Feely Handout A45

Other objects I could use for this activity:

- _____
- _____
- _____

Which Daily Do I want to focus on practicing:

- _____

When will we do this activity:

- _____
- _____

Which skills or concepts I want my infant to learn:

- _____
- _____

How to do this activity:

1. Use **Ready for Play and Learning** to see if your baby is ready to play and learn. Remember to use **5 Steps to Success** as you help your infant explore their natural curiosity during the activity.
2. Gather a number of items that have different textures. Then describe the items to your baby. Say something like: **This is a soft, fuzzy towel. The sponge is wet in my hand. Your new brush is so soft and smooth.**
3. Remember to take opportunities to help your infant learn about the differences in texture and other touch sensations such as: *warm/cold, wet/dry, and smooth/rough.*

